Actions of Brain-Derived Neurotrophic Factor in Slices from Rats with Spontaneous Seizures and Mossy Fiber Sprouting in the Dentate Gyrus

Helen E. Scharfman1,2, Jeffrey H. Goodman1, and Anne L. Sollas1

1Neurology Research Center, Helen Hayes Hospital, West Haverstraw, New York 10993-1195
2Departments of Pharmacology and Neurology, Columbia University, College of Physicians and Surgeons, New York, New York 10032

Abstract

This study examined the acute actions of brain-derived neurotrophic factor (BDNF) in the rat dentate gyrus after seizures, because previous studies have shown that BDNF has acute effects on dentate granule cell synaptic transmission, and other studies have demonstrated that BDNF expression increases in granule cells after seizures.

Pilocarpine-treated rats were studied because they not only have seizures and increased BDNF expression in granule cells, but they also have reorganization of granule cell “mossy fiber” axons. This reorganization, referred to as “sprouting,” involves collaterals that grow into novel areas, i.e., the inner molecular layer, where granule cell and interneuron dendrites are located. Thus, this animal model allowed us to address the effects of BDNF in the dentate gyrus after seizures, as well as the actions of BDNF on mossy fiber transmission after reorganization.

In slices with sprouting, BDNF bath application enhanced responses recorded in the inner molecular layer to mossy fiber stimulation. Spontaneous bursts of granule cells occurred, and these were apparently generated at the site of the sprouted axon plexus. These effects were not accompanied by major changes in perforant path-evoked responses or paired-pulse inhibition, occurred only after prolonged (30–60 min) exposure to BDNF, and were blocked by K252a.

The results suggest a preferential action of BDNF at mossy fiber synapses, even after substantial changes in the dentate gyrus network. Moreover, the results suggest that activation of trkB receptors could contribute to the hyperexcitability observed in animals with sprouting. Because human granule cells also express increased BDNF mRNA after seizures, and sprouting can occur in temporal lobe epileptics, the results may have implications for understanding temporal lobe epilepsy.

Keywords

neurotrophin; growth factor; hippocampus; epilepsy; glutamate; tyrosine kinase

Correspondence should be addressed to Dr. Helen E. Scharfman, Neurology Research Center, Helen Hayes Hospital, West Haverstraw, NY 10993-1195.
recently it has become clear that BDNF also has acute, neuromodulatory effects on synaptic transmission. Lohof et al. (1993) first demonstrated that exposure of neuromuscular cultures to BDNF led to increased EPSCs, and this was followed by reports of related effects in other systems (Leβman et al., 1994; Kang and Schuman, 1995; Levine et al., 1995, 1996; Figurov et al., 1996; Patterson et al., 1996; Carmignoto et al., 1997; Leβman and Heumann, 1998; Messaoudi et al., 1998). Most studies indicate that the high-affinity receptor for BDNF, trkB, mediates BDNF’s actions (Kang and Schuman, 1995; Levine et al., 1995, 1996; Figurov et al., 1996; Carmignoto et al., 1997; Leβman and Heumann, 1998; Li et al., 1998).

In hippocampal slices, studies in area CA1 indicate that BDNF can potentiate excitatory transmission, probably by a presynaptic mechanism that is mediated by trkB (Kang and Schuman, 1995; Takei et al., 1997; Gottschalk et al., 1998). In area CA3, this also appears to be the case (Scharfman, 1997). In addition, there was a striking afferent specificity in CA3, because bath application of BDNF led to potentiation of mossy fiber transmission but not other inputs (Scharfman, 1997). Furthermore, regional specificity was apparent, because granule cell responses to perforant path stimulation were relatively unaffected by bath-applied BDNF. This apparent specificity was interesting in light of the fact that the mossy fibers are strongly immunoreactive to BDNF antisera relative to other afferents (Conner et al., 1997; Yan et al., 1997). Indeed, of all the fiber systems in the forebrain, BDNF expression is perhaps greatest in the mossy fibers (Conner et al., 1997; Yan et al., 1997).

To probe further the apparent preferential effect of BDNF on mossy fibers, we made use of a widely known animal model of epilepsy in which the muscarinic agonist pilocarpine induces status epilepticus. This is followed after ~1–2 weeks by reorganization of the mossy fibers (Mello et al., 1993). The reorganized mossy fibers innervate novel target neurons, including the granule cells (Okazaki et al., 1995; Kotti et al., 1997). We hypothesized that if BDNF’s effects were specific for mossy fibers, then responses of granule cells to their new mossy fiber input would be enhanced by BDNF. This model had further utility because it allowed us to examine the effects of BDNF in hippocampus after seizures, when BDNF and trkB mRNA and protein increase (Ballarin et al., 1991; Ernfors et al., 1991; Isackson et al., 1991; Gall, 1993; Humpel et al., 1993; Nibuya et al., 1995; Mudò et al., 1996; Schmidt-Kastner et al., 1996; Rudge et al., 1998).

**Materials and Methods**

Animal care was consistent with the guidelines set by the New York State Department of Health and National Institutes of Health. Adult male Sprague Dawley rats (190–250 gm) were treated with pilocarpine (see below) and examined electrophysiologically 2–9 months later. All chemicals were obtained from Sigma (St. Louis, MO) unless stated otherwise.

**Pilocarpine treatment**

Before pilocarpine treatment, rats were injected with atropine methylbromide (1 mg/kg, s.c.). After 30 min they were injected with pilocarpine hydrochloride (380 mg/kg, i.p.). Most of these animals subsequently had seizures and status epilepticus, defined as continuous stage 3–5 seizures (Racine, 1972). Animals with status for 1 hr were treated with diazepam (5 mg/kg, i.p.) (Wyeth-Ayerst).

Preparation and maintenance of slices. Animals were anesthetized with ether and decapitated. The brain was immersed in ice-cold sucrose buffer and cut horizontally into 400 µm slices using a Vibroslice (Campden Instruments). Immediately after dissection, slices were transferred to a modified interface chamber (Fine Science Tools), where they were placed on a nylon net, perfused with sucrose buffer so that they were semisubmerged, warmed to 32–33° C, and oxygenated (95% O2, 5% CO2). Sucrose buffer was used as the buffer until 30 min after...
the dissection. After that time, a NaCl-based buffer was used to perfuse the slices. Sucrose buffer contained (in mM): 125 sucrose, 5 KCl, 2.0 CaCl$_2$, 2.0 MgSO$_4$, 26 NaHCO$_3$, 1.25 NaH$_2$PO$_4$, and 10 D-glucose, pH 7.4. The NaCl-based buffer contained the same constituents except that NaCl was substituted equimolar for sucrose.

**Recording and stimulation**

Recordings were made after slices had been perfused with NaCl-based buffer for at least 30 min. Extracellular and intracellular recording electrodes were pulled horizontally (Model P87, Sutter Instruments) from borosilicate glass with a capillary fiber in the lumen (1.0 mm outer diameter, 0.75 mm inner diameter; World Precision Instruments). Extracellular electrodes were filled with the NaCl-based buffer (see preceding paragraph) and resistances were 5–10 MΩ. Intracellular electrodes were filled with 1 M potassium acetate, and their resistances ranged between 50 and 100 MΩ. An intracellular amplifier with a bridge circuit was used for recordings (Axoclamp 2B, Axon Instruments), and the bridge was balanced whenever current was passed through the intracellular recording electrode. Data were digitized and saved on tape (Neurocorder DR-484, Neurodata Instruments) or disk (Pro10, Nicolet Instruments) and plotted off-line (Model HC100, Tektronix).

The mossy fibers were stimulated by a 75 μm Teflon-coated stainless steel wire placed on the slice surface in the center of the hilus, at the end of the CA3c pyramidal cell layer. Rectangular pulses (5–150 μA, 10 μsec, 0.05 Hz) were used to evoke responses. To stimulate the perforant path, the stimulating electrode was placed at the fissure, just below the subiculum. Recordings sites from different dentate gyrus lamina listed in Results were located as follows: (1) hilar recording sites were 100–150 μm from the granule cell layer/hilus border; (2) sites in the granule cell layer were in the middle of that layer; (3) inner molecular layer sites were 50 μm from the granule cell layer/inner molecular layer border; (4) middle molecular layer sites were 150 μm from the cell layer/inner molecular layer border; and (5) outer molecular layer sites were 50–100 μm from the hippocampal fissure. Measurements were made with an ocular micrometer.

**Drug application**

BDNF was generously provided by Regeneron Pharmaceuticals (Tarrytown, NY). It was diluted in 0.01% bovine serum albumin (BSA) in sterile PBS (Life Technologies) to make a stock solution of 100 μg/ml and was refrigerated until use. Stock solutions (10 mM) of α-amino phosphonovaleric acid (α-APV) and bicuculline methiodide were made in 0.9% NaCl and frozen until the day of the experiment. Aliquots were added to the buffer to reach the following final concentrations: BDNF (50–200 ng/ml), heat-inactivated BDNF (200 ng/ml), α-APV (50 μM), or bicuculline methiodide (10 μM). K252a (Alexis) was dissolved in 0.01% DMSO to produce a concentrated stock solution (10 μM) and then diluted to reach a final concentration of 1 μM.

**Isolation of the dentate gyrus**

To sever connections of the dentate gyrus with the entorhinal cortex and area CA3, cuts were made with a pair of dura scissors (Fine Science Tools). In these experiments, slices were first exposed to BDNF, and spontaneous bursts were recorded subsequently. Immediately thereafter the inflow to the chamber was increased so that slices were lifted slightly from the nylon mesh where they normally lie. One blade of the scissors was placed below the slice, and the other blade was above the slice. A cut was made across the “mouth” of the dentate gyrus (from the lateral tip of the upper blade to the lateral tip of the lower blade), severing the pyramidal cell layer at the CA3b and CA3c border and surrounding strata. Another cut was made through the subiculum, very close to the hippocampal fissure, at an angle that was approximately parallel
to the first cut. It extended from the pia surface of the subiculum to stratum radiatum of area CA1.

**Anatomy**

Sprouting was determined by staining the dentate gyrus either with a polyclonal antibody to neuropeptide Y or by the Timm method (Sloviter, 1982). In some animals, alternate sections were stained with the Timm method and an antibody to BDNF, which was generously provided by Regeneron Pharmaceuticals (Tarrytown, NY).

For neuropeptide Y staining, slices were removed from the recording chamber after the experiment and were immersion-fixed in 4% paraformaldehyde. They were resectioned at 50 μm as described previously (Scharfman, 1995). Immunocytochemistry followed a procedure that has been reported by Sloviter (1991). Briefly, free-floating sections were washed in 0.1 M Tris buffer, pH 7.6, followed by incubation in 1% H₂O₂ (dissolved in Tris) for 30 min. After a 5 min wash in Tris, sections were washed in Tris containing 0.1% Triton X-100 (Tris A) for 15 min, followed by a 15 min wash in Tris A containing 0.005% BSA (Tris B). The sections were incubated overnight at 4°C in antisera to neuropeptide Y (1:2000; Peninsula), diluted in Tris B. On the second day, sections were washed for 15 min in Tris A followed by 15 min in Tris B. The sections were then incubated for 45 min in biotinylated Protein A (1:300; Vector), diluted in Tris B. After a 15 min wash in Tris A and a 15 min wash in Tris D (0.5 M Tris containing 0.1% Triton and 0.005% BSA), sections were incubated for 1 hr in avidin–biotin–horseradish peroxidase complex (ABC, 1:1000 dilution; Elite kit, Vector) diluted in Tris D. Sections were washed in Tris (three times for 5 min each) and developed in diaminobenzidine tetrahydrochloride (DAB) (50 mg/100 ml Tris, Polysciences) plus 200 mg β-D-glucose, 0.3 mg glucose oxidase, and 40 mg ammonium chloride. Sections were mounted on slides, dehydrated in a series of graded ethanol solutions, and coverslipped with Permount (Fisher).

For Timm and BDNF staining, rats were anesthetized with ether (J.T. Baker) followed by urethane (1.25 gm/kg, i.p.) and perfused as follows: saline (3 min), 0.37% sulfide solution, pH 7.2 (5 min), saline (2 min), 2% paraformaldehyde in 0.1 M borate buffer, pH 6.5 (3 min), 2% paraformaldehyde/0.1% glutaraldehyde in 0.1 M borate buffer, pH 8.5 (15 min). Alternate sections were used for Timm or BDNF staining. Sections for BDNF immunocytochemistry were treated as for neuropeptide Y, except that the H₂O₂ concentration was 0.5%, Triton/BSA was 1%/0.005%, and goat anti-rabbit (1:400, Vector) was used instead of protein A. In addition, immediately before incubation with primary antibody, sections were washed in Tris A (15 min) and Tris D (15 min) and incubated with 10% normal goat serum dissolved in Tris B. BDNF antisera was diluted 1:15,000, and staining was intensified with 50 mM NiNH₃SO₄.

**Results**

**Mossy fiber sprouting in pilocarpine-treated rats**

There were two groups of animals used for this study. The first group included those rats that had status epilepticus (defined as continuous behavioral seizures) for 1 hr immediately after pilocarpine injection. A few weeks later, these animals began to have spontaneous behavioral seizures (stage 4–5) intermittently. All of these animals demonstrated mossy fiber sprouting (n = 20) (Fig. 1A).

The second group included animals that were injected with pilocarpine but did not develop status epilepticus. These animals had mild, intermittent seizures (stages 1–2) immediately after pilocarpine administration, but never progressed to more severe seizures or status epilepticus. There were no behavioral seizures observed in this group in subsequent weeks. The animals within this group could not be distinguished in terms of sprouting (there was no mossy fiber...
sprouting) (Fig. 1B) and effects of BDNF (there were no effects on evoked responses of granule cells), and therefore the data from these animals were pooled (n = 8).

Sprouting was determined by immunocytochemistry using an antibody to neuropeptide Y, which marks mossy fibers after seizures (Gall et al., 1990; Sperk et al., 1992, 1996; Gruber et al., 1994; Chafetz et al., 1995; Vezzani et al., 1996; Lurton and Cavalheiro, 1997). Sprouting was evident as a band of neuropeptide Y-immunoreactive fibers in the inner molecular layer (Fig. 1A).

In rats without sprouting, neuropeptide Y staining in the dentate gyrus was present, but this was confined to some fibers in the outer molecular layer and some hilar neurons, as has been described previously for normal rats (Köhler et al., 1986; Deller and Leranth, 1990; Milner and Veznedaroglu, 1992). To ensure that sprouting would be detected if it were present, incubation of sections with DAB (see Materials and Methods) was prolonged until background staining was significant (Fig. 1B), i.e., granule cells began to stain. Even after this procedure, sprouting in the inner molecular layer was not evident (Fig. 1B).

Timm staining was also used to detect sprouting in a separate group of animals that were perfusion-fixed (n = 4). In all cases in which Timm staining illustrated sprouting (see Fig. 9B), neuropeptide Y staining also demonstrated sprouting. Conversely, when there was no evidence of sprouting with neuropeptide Y immunohistochemistry, sprouting was not detected by Timm stain either.

Neuropeptide Y staining was examined not only in slices after recordings were made but also in tissue that had not been recorded. This enabled us to determine whether some sprouting that actually was present had been missed because neuropeptide Y staining in recorded slices was not optimal. Suboptimal staining could occur for a number of reasons related to slicing, such as degradation of antigenicity while slices were in the recording chamber. The results showed that immunoreactivity for neuropeptide Y in sections from the slices that had been recorded was indistinguishable from the sections of the same animal that had not been exposed to recording conditions (data not shown). Thus, recording conditions did not appear to impair the ability of neuropeptide Y immunocytochemistry to detect mossy fiber sprouting.

**Effects of BDNF in pilocarpine-treated rats**

Effects of BDNF were tested in 60 hippocampal slices from 14 pilocarpine rats that were killed 2–9 months after pilocarpine injection. The large number of slices per animal was possible because up to 10 slices could be placed on the netting over the recording well of our chamber at one time. Electrophysiology was performed blind to whether there was mossy fiber sprouting, and immunocytochemistry was conducted blind to the physiological data.

**Effects of BDNF on granule cell activation and spontaneous activity**

**Responses to hilar stimulation in slices with and without sprouting:** Hilar stimulation in slices from pilocarpine-treated rats with sprouting (n = 34) evoked an antidromic population spike, followed by a second population spike in most cases (23/34) (Fig. 2A). The maximum amplitude of the second population spike was 6 mV. When no sprouting occurred, an antidromic population spike was evoked by hilar stimulation, but there was no second population spike (Fig. 2B). There was instead an afterpotential (negative or positive) that was never larger than 1 mV and lasted >20 msec. Stimulus strength for these experiments was set at an intensity that produced a half-maximum antidromic spike.

Only one population spike was evoked by perforant path stimulation in the same slices where two spikes were evoked by hilar stimulation (tested in 20 of the 34 slices) (see Fig. 5A), indicating that the hilar-evoked second population spike was not necessarily caused by the use.
of unhealthy slices with weak inhibition. Rather, it could reflect the ability of hilar stimulation to activate recurrent excitatory collaterals of mossy fibers. This has been indicated in previous studies of sprouting after kainic acid treatment (Tauck and Nadler, 1985).

**Effects of BDNF on responses to hilar stimulation:** In slices where sprouting occurred, perfusion with BDNF (50 ng/ml, n = 3; 200 ng/ml, n = 10) for 30–60 min had no detectable effect on the amplitude of the antidromic spike recorded in the granule cell layer, but numerous population spikes developed (at least four) (Fig. 2A). Perfusion with heat-inactivated BDNF (200 ng/ml, n = 5) had no effect on the antidromic or orthodromic population spike. In contrast to slices with sprouting, there were no effects of BDNF on hilar-evoked responses in slices without sprouting (200 ng/ml, n = 6).

**Spontaneous activity:** After 30–60 min of BDNF exposure, bursts of spontaneous population spikes occurred in the granule cell layer of sprouted slices (n = 32/34 slices) (Fig. 2C). These bursts occurred in slices that were intermittently stimulated at low frequency, as well as in others that were never stimulated at all (n = 24/24 tested), and hence were unlikely to be attributable to the history of previous electrical stimulation. Bursts occurred at variable frequency (0.05–0.5 Hz). No spontaneous population spikes ever occurred in slices without sprouting that were exposed to BDNF, even after 3 hr of bath application. Intracellular recordings from granule cells (n = 10) demonstrated that granule cells discharged during the spontaneous bursts that were recorded extracellularly (Fig. 3A). In Figure 3A, a brief period of afterdischarges also occurred after the initial period of discharge, and this was evident in the extracellular recording as a second, smaller spontaneous potential. The number of primary and secondary discharges varied from slice to slice, with more occurring in ventral slices (see Fig. 8). This may be because of the fact that the ventral hippocampus is different from the dorsal hippocampus, or the fact that there was heavier sprouting in our ventral slices.

In the two (of the total 34) slices in which there was no spontaneous activity after BDNF, despite robust sprouting, evoked responses were similar in amplitude to those recorded in other slices, so deterioration of the slice was not a likely reason for the lack of effect of BDNF. Rather, it is possible that the effects of BDNF on granule cells in sprouted rats are similar to the effects of BDNF in normal rats, in which BDNF does not have an effect in all neurons or slices tested (Carmignoto et al., 1997; Scharfman, 1997).

**Specificity of BDNF’s effects for synapses in the inner molecular layer:** Laminar profiles of evoked or spontaneous bursts demonstrated that the underlying negative envelope of the burst, presumably reflecting the underlying depolarization or EPSP, was maximal in the inner molecular layer, and reversed polarity in the middle and outer molecular layers (Fig. 3B). The amplitude of the extracellularly recorded burst events decreased as the recording electrode was moved even further from the molecular layer (i.e., either across the hippocampal fissure, toward CA1, or from the granule cell layer into the hilus and the CA3 pyramidal cell layer).

Evoked responses to hilar stimulation that were recorded in the inner molecular in slices with sprouting consisted of a short-latency, rapid potential, followed by a slower, negative potential (Fig. 4). The short-latency potential probably represented a fiber volley (caused by activation of mossy fiber axons located nearby) or antidromic population spike (volume-conducted from the adjacent cell layer). The amplitude of the short-latency potential (measured from baseline to peak) did not change significantly after BDNF treatment (200 ng/ml, increase to 119 ± 11% of control, n = 7) (Fig. 4).

The slower, negative potential that was recorded in the inner molecular layer in response to hilar stimulation was likely to be an extracellularly recorded EPSP because it was analogous in latency to perforant path-evoked EPSPs of normal rats that are recorded in the outer.
molecular layer, and because the potential was largest in the inner third of the molecular layer, where sprouted fibers terminate. The extracellularly recorded EPSP (measured from baseline to peak) increased in amplitude in five of seven slices after BDNF exposure (200 ng/ml; increase to 201 ± 12% of control amplitude, n = 5) (Fig. 4). In the other two slices there was no change in amplitude, even after 60 min of perfusion with BDNF.

These data indicated that spontaneous and evoked bursts were likely to be due to the effects of BDNF on synaptic responses that were generated in the inner molecular layer, where sprouted fibers terminate. However, the trigger for spontaneous bursts could lie within or outside the dentate gyrus. The entorhinal input (the perforant path) and the CA3 pyramidal cell projection to the dentate gyrus are two possibilities. The possibility was further evaluated by isolating the dentate gyrus from the entorhinal cortex and area CA3 using cuts through the slice. In four slices where cuts were made (at the hippocampal fissure, to sever perforant path fibers, and across CA3b/c, to sever CA3 projections to the dentate; see Materials and Methods), there was no detectable change in spontaneous activity in the dentate gyrus. Burst duration (mean, 259 ± 84 msec before vs 255 ± 89 msec after the cuts) and burst frequency (0.14 ± 0.06 Hz before vs 0.16 ± 0.06 after) were maintained (paired t tests, p > 0.05). The results suggest that the spontaneous activity occurring after BDNF application was generated within the dentate gyrus.

Molecular layer stimulation: In slices with sprouting that had been exposed to BDNF, there was no significant change in mean amplitude of the granule cell population spike recorded in the granule cell layer (n = 4) in response to stimulation of the outer molecular layer (Fig. 5A). Maximum population spike amplitude was 1.0 ± 0.5 mV before and 1.5 ± 0.7 mV after 60 min perfusion with 200 ng/ml BDNF (n = 6, paired t test, p > 0.05). In three of the six experiments, no population spike could be evoked by stimulation of the outer molecular layer (thus amplitude was 0 in these experiments), and this did not change after BDNF was applied. Presumably these small responses were due to the loss of the cells of origin of the perforant path in the superficial layers of the entorhinal cortex after status epilepticus (Du et al., 1995), which we confirmed by Nissl stain (data not shown). Thus, in only one of six slices was there an increase in population spike amplitude after BDNF exposure.

As shown in Figure 5A, after BDNF application and the associated spontaneous activity of granule cells developed, molecular layer stimulation evoked a long-latency extracellular burst discharge that was similar in some ways to the relatively short-latency burst discharges evoked by hilar stimulation. That is, the molecular layer-evoked burst discharge was an all-or-none event that reversed polarity in the middle molecular layer (Fig. 5A). These characteristics suggest that molecular layer-evoked bursts could be due to activation of mossy fibers of granule cells subsequent to perforant path activation.

Pharmacology
Effects of BDNF on GABAergic inhibition: Although it has been proposed that BDNF enhances excitatory transmission by increasing glutamate release, there also is evidence that BDNF acts by decreasing GABA receptor-mediated inhibition [Tanaka et al. (1997); also see Kim et al. (1994)]. Therefore, paired-pulse inhibition of granule cell population spikes was monitored before and after BDNF. Population spikes were evoked by molecular layer stimulation, and a 20 msec interstimulus interval was used (Fig. 5B), because this paradigm ordinarily evokes strong inhibition that is dependent on GABA receptors.

Paired-pulse inhibition was present before and after BDNF application. The maximal population spike was inhibited by 83 ± 9% by a stimulus 20 msec before the test stimulus (n = 3) before BDNF application, and 60 min after BDNF application this value was 88 ± 12%. This change was not significant (paired t test, p > 0.05). There were spontaneous discharges
of granule cells at the time when paired-pulse inhibition had not changed, so the lack of effect was not because BDNF had no effect in these slices.

Although these results argue against the possibility that BDNF led to disinhibition by blocking GABA receptors or impairing GABAergic function, one potential confound is that the cells of origin of the perforant path (entorhinal cortical neurons) were damaged by pilocarpine. If the pathway had not been affected by pilocarpine, a change in paired-pulse inhibition might have been evident.

Another way to test whether BDNF acted by blocking GABAergic inhibition is to determine whether BDNF occluded the effects of a GABA_A receptor antagonist, such as bicuculline (Fig. 6). Therefore, we tested whether there was an effect of bicuculline after BDNF application, and specifically after BDNF had already produced its effects. In those slices \((n = 18)\), bicuculline enhanced the effects of BDNF in that burst discharges of granule cells became prolonged. This effect occurred within minutes of exposure to bicuculline, unlike the effects of BDNF, which required \(>30\) min. The prolonged episodes were seizure-like in that they had a paroxysmal component followed by afterdischarges (Fig. 6A). The paroxysmal component lasted up to 1 min, and the period of subsequent afterdischarges lasted up to 2 min. These episodes were separated by 1–3 min and were repetitive for at least 1 hr. Each episode was heralded by a series of spontaneous, brief discharges (Fig. 6B, 1) that suddenly became paroxysmal (Fig. 6B, 2). The prolonged events, like the brief discharges, were maximal in the inner molecular layer and reversed polarity in the middle and outer molecular layers (Fig. 7), suggesting that their site of generation was similar to the brief discharges that occurred before bicuculline was added. These data support the interpretation of results described above that BDNF acted preferentially at mossy fibers in the inner molecular layer.

Bicuculline and BDNF had similar effects regardless of the order in which they were bath-applied. When bicuculline was introduced first \((n = 6)\), it rapidly increased the number of population spikes in response to mossy fiber stimulation, i.e., within minutes of bicuculline exposure. Spontaneous bursts of population spikes did not develop after bicuculline, except for three slices from the most ventral portion of the hippocampus with heavy sprouting. In these cases, burst discharges were similar in duration to those induced by BDNF \((50–100\) msec). Significantly, bicuculline application in the absence of BDNF never produced prolonged seizure-like events. Only after BDNF was subsequently added, in the continued presence of bicuculline, did this occur. The results suggest that the actions of BDNF were not mediated by a reduction of GABA_A receptor-mediated inhibition, although some effect on GABAergic inhibition cannot be excluded entirely. A role of GABA_B receptors in the actions of BDNF cannot be excluded either.

**Protein kinases:** To determine whether the actions of BDNF were mediated by a protein kinase, such as trkB, experiments were conducted in which slices were first incubated for 30 min with K252a (at \(1\) \(\mu\)M, K252a is a nonspecific kinase inhibitor), and then BDNF was applied in the continued presence of K252a. BDNF \((200\) ng/ml) did not have effects in these slices \((n = 8)\), despite the fact that there was robust sprouting.

**NMDA receptors:** Recently there have been reports that BDNF has actions at NMDA receptors. In murine cultures and isolated hippocampal neurons, BDNF appeared to act as an agonist at the glycine site of the NMDA receptor (Jarvis et al., 1997). In hippocampal cultures, BDNF increased NMDA receptor open probability (Levine et al., 1998). Furthermore, it has been shown that BDNF induces phosphorylation of the NMDA receptor subunits 1 and 2B (Suen et al., 1997; Lin et al., 1998). Therefore, we tested whether the effects of BDNF in slices with sprouting were caused by increased activity at NMDA receptors (Fig. 8). Slices were pretreated with the NMDA receptor antagonist \(\text{D}-\text{APV}\) \((50\) \(\mu\)M) for 30 min, and subsequently...
BDNF was bath-applied (200 ng/ml) in the continued presence of d-APV. There was no detectable effect of d-APV in these experiments, which all exhibited spontaneous bursts of granule cells and had robust sprouting (n = 6; data not shown). In other experiments, BDNF was applied, and subsequently d-APV (50 μM) was added in the continued presence of BDNF (200 ng/ml) (Fig. 8). In these experiments there also was no effect of d-APV (n = 3) (Fig. 8).

**BDNF immunocytochemistry**—These results may have implications for our understanding of how endogenous BDNF may function, because the mossy fibers of the normal rat contain one of the highest concentrations of BDNF in the brain (Conner et al., 1997; Yan et al., 1997). However, it has not been shown previously that BDNF is expressed in sprouted mossy fibers of pilocarpine-treated rats. There is one report of BDNF in mossy fiber sprouting in a different rat model of epilepsy, in which a period of stimulation of the hippocampus leads to spontaneous seizures (Bertram, 1997); BDNF was expressed in some of the sprouted fibers (Vezzani et al., 1999).

To determine whether BDNF was expressed in the sprouted fibers of our pilocarpine-treated rats, four animals that received pilocarpine, had status epilepticus, and had spontaneous seizures were perfusion-fixed and stained with an antibody to BDNF (Fig. 9). Alternate sections were stained by the Timm method in two cases to compare the location of mossy fiber sprouted axons, defined by Timm stain, with BDNF immunoreactivity. As shown in Figure 9A,B, when there was Timm staining of the hilus and inner molecular layer there also was BDNF immunoreactivity in those areas. However, Timm stain and BDNF immunoreactivity were weak in the outer two-thirds of the molecular layer and the granule cell layer. Three pilocarpine-treated rats that did not have status epilepticus and did not exhibit sprouting did not display Timm or BDNF immunoreactivity in the inner molecular layer (Fig. 9C). In the animals without sprouting, the hilus was the major site of immunoreactivity, similar to the normal adult rat. Because preferential staining of the hilus and inner molecular layer with Timm stain is often taken to be a reflection of the mossy fibers, the results indicate by analogy that sprouted mossy fibers in the pilocarpine animal model of epilepsy contain BDNF protein. However, whether there is perfect correspondence between mossy fibers containing zinc and BDNF is presently unclear. We hypothesize that endogenous BDNF in sprouted mossy fibers could enhance excitability in the dentate gyrus similar to the actions of exogenous BDNF that have been described here (see Discussion).

**Discussion**

**Summary**

**Specificity of BDNF’s actions at mossy fibers**—The results demonstrate that BDNF enhances excitatory transmission of mossy fibers to granule cells of pilocarpine-treated rats with mossy fiber sprouting. This is similar to the effects of BDNF on excitatory transmission of mossy fibers to CA3 pyramidal cells in normal rats (Scharfman, 1997). Thus, in both normal and pilocarpine-treated rats, prolonged (30–60 min) exposure to BDNF was necessary before effects were detected, evoked responses and paired-pulse inhibition of granule cells to molecular layer stimulation were relatively unaffected, and K252a blocked the effects of BDNF. These results suggest that in both normal rats and pilocarpine-treated rats, BDNF activates trkB receptors, which in turn alter mossy fiber transmission. This is also supported by the lack of effect of NMDA receptor antagonists. Thus, the effects of bath-applied BDNF appear to be specific for mossy fiber transmission, even after substantial changes in structure and function that occur in pilocarpine-treated rats with sprouting.

This specificity could arise by a number of mechanisms. Perhaps the most parsimonious is that trkB receptors are located preferentially at mossy fiber boutons. However, it is also possible that a particular target protein of trkB is present in mossy fibers preferentially, although trkB
itself is localized nonspecifically. It is important to note as a caveat that every example of mossy fiber transmission was not examined in this study, such as mossy fiber transmission to inhibitory neurons. Therefore, it is possible that there are exceptions to the finding that BDNF enhances mossy fiber transmission.

**BDNF-induced hyperexcitability in pilocarpine-treated rats with sprouting**—A second conclusion of this study was that BDNF induced hyperexcitability of granule cells in slices from pilocarpine-treated rats with mossy fiber sprouting. Thus, spontaneous granule cell discharges occurred after BDNF exposure, and this only occurred if there was sprouting. This is remarkable because granule cells are hyperpolarized neurons (Spruston and Johnston, 1992; Staley et al., 1992; Williamson et al., 1993), with a resting potential far from threshold. Granule cells are also strongly inhibited by tonic release of GABA (Otis et al., 1991). Spontaneous discharges of granule cells, or large spontaneous EPSCs of granule cells, have been reported previously in a subset of granule cells from sprouted rats after administration of a GABA_A receptor antagonist (bicuculline) in a buffer containing lower [Mg^{2+}]_o than used in our experiments (1.3 mM vs 2 mM) (Cronin et al., 1992; Simmons et al., 1997). Thus, BDNF has a strong effect in the sprouted dentate gyrus.

Spontaneous discharges became prolonged, seizure-like events after exposure to both BDNF and bicuculline. In previous studies of kainic acid-induced mossy fiber sprouting, such seizure-like events have been reported after administration of bicuculline and increased extracellular potassium (6 mM K^+) (Wuarin and Dudek, 1996). Thus, it appears that prolonged, seizure-like events in sprouted tissue occur after disinhibition and either BDNF or increased [K^+]_o. The fact that both BDNF and increased [K^+]_o promote increased transmitter release suggests that disinhibition, coupled to increased glutamate release from mossy fibers, may be critical regulators of seizure-like discharge in sprouted rats.

**Implications for understanding functional consequences of cortical reorganization**

Although often thought of in the context of epilepsy, one perspective on mossy fiber sprouting is that it is an example of reorganization after brain injury. Thus, it has been proposed that pilocarpine-induced seizures that kill the target neurons of mossy fibers induce sprouting (Cavazos and Sutula, 1990; Buckmaster and Dudek, 1997; but see Stringer et al., 1997). Our results suggest that BDNF actions on synaptic transmission may be preserved after brain injury and consequent alterations in circuitry. From this, one would predict that neurons that become innervated by terminals that are normally modulated by BDNF may develop sensitivity to BDNF. This could have important implications for the events that become possible in reorganized cortical circuits, ranging from potentiation to hyperexcitability.

**Implications for understanding actions of endogenous BDNF**

Immunocytochemistry showed that BDNF protein is present in the reorganized axons of mossy fibers, which has recently been reported in another animal model of epilepsy (Vezzani et al., 1999). Thus, the effects of exogenous BDNF that have been described may foretell the actions of endogenous BDNF that exists in sprouted mossy fibers. If endogenous BDNF reaches concentrations similar to the concentrations of bath-applied BDNF that were used in the above experiments, the actions of endogenous and bath-applied BDNF could be similar. Even if normal concentrations of BDNF are low, endogenous BDNF still might have functional effects under certain conditions, because BDNF message, protein, and trkB expression increase after various events (such as after neuronal activity, sensory stimulation, learning, long-term potentiation, stress, injury, and seizures) (Ballarin et al., 1991; Zafra et al., 1991; Falkenberg et al., 1992a,b; Lindefors et al., 1992; Lindvall et al., 1992, 1994; Patterson et al., 1992; Beck et al., 1993; Castrén et al., 1993; Cosi et al., 1993; Draganow et al., 1993; Humpel et al., 1993; Lapchak et al., 1993; Merlio et al., 1993; Springer et al., 1994; Lauterborn et al., 1995;
It is hypothesized that endogenous BDNF would bind to trkB receptors on mossy fiber terminals, and the end result would be phosphorylation of a protein involved in presynaptic regulation of glutamate release. A candidate protein is synapsin I, which has been shown to be phosphorylated by BDNF (Jovanic et al., 1996). There are also other possible sites of actions, such as truncated trkB receptors on glia, particularly in light of the demonstration that truncated trkB receptors are increased in non-neuronal cells after lesions to dentate gyrus afferents (Beck et al., 1993). The data reported here suggest that at least one action would be at mossy fiber terminals. The prediction is that excitability of granule cells would increase as a result of endogenous BDNF action.

The results of experiments with bicuculline, which showed that disinhibition can prolong BDNF-induced spontaneous discharges into epileptiform, seizure-like events, suggest that the actions of endogenous BDNF would be enhanced when dentate granule cells became disinhibited. Disinhibition in normal behaving animals could occur in several ways, such as during a change in septal input, because septal afferents preferentially target dentate GABAergic neurons; the raphe is another input that targets dentate interneurons preferentially (Freund, 1992). Another type of naturally occurring event that appears to disinhibit the dentate gyrus is a sharp wave (Buzsáki, 1986). Thus, if BDNF release occurred in conjunction with a disinhibitory event, one would predict that endogenous BDNF could provoke seizure-like activity among granule cells in a sprouted dentate gyrus.

The hypothesis that endogenous BDNF may contribute to hyperexcitability is consistent with previous investigations of BDNF in vivo. Kokaia et al. (1995) reported that kindling was suppressed in heterozygotes lacking the BDNF gene (homozygotes did not survive). Binder and colleagues (1996) demonstrated that animals receiving intraventricular infusion of trkB-IgG, which binds to BDNF and prevents its interaction with trkB receptors, required more stimulations to be kindled. However, other studies suggest the opposite. Larmet et al. (1995) and Reibel et al. (1996) showed that animals that had received chronic BDNF infusions had fewer tonic-clonic seizures after injection of the convulsant pentylenetetrazol. Osehobo et al. (1999) found that animals receiving chronic dentate hilar infusions of BDNF required more stimulations for kindling. One possible reason for the discrepancy is that chronic BDNF infusion may alter BDNF message, protein, or trkB receptor expression and function. Indeed, long exposure of cultures to BDNF downregulates trkB levels and responsiveness (Frank et al., 1996).

**Implications for understanding spontaneous seizures in sprouted rats and temporal lobe epileptics**

The consequences of BDNF-induced spontaneous discharges of granule cells are important to consider. Could such events precipitate limbic seizures of pilocarpine-treated rats with sprouting? Furthermore, could BDNF contribute to seizures in temporal lobe epilepsy, given that human mossy fibers express BDNF (Murer et al., 1999), temporal lobe epileptics demonstrate mossy fiber sprouting (Sutula et al., 1989), and human granule cells express increased BDNF mRNA after seizures (Mathern et al., 1997)? Certainly these are tempting conclusions, but they would be premature.

Hypothetically, discharges in granule cells could lead to limbic seizures. However, the extent to which such activity contributes to seizures is difficult to predict, because it would depend on several factors, such as the number of hippocampal pyramidal neurons that survive after pilocarpine treatment, which would be critical to propagation of activity out of the hippocampus. Seizure-induced changes in structure and function should not be underestimated.
given their diversity and robust nature (Gall et al., 1990; Sheng and Greenberg, 1990; Cavalheiro et al., 1992; Sperk et al., 1992, 1996; Gall, 1993; Lynch et al., 1996; Vezzani et al., 1996; Parent et al., 1997). Certainly some seizure-induced changes in gene expression, such as the increase in BDNF and trkB after seizures, would make it more likely that BDNF would induce abnormal granule cell discharges after seizures. Nevertheless, the entire spectrum of changes that occur after seizures, and the effects of endogenous BDNF, need to be clarified before it can be concluded that endogenous BDNF contributes to seizures in pilocarpine-treated rats or humans with temporal lobe epilepsy.

Acknowledgements

This study was supported by National Institute of Neurological Diseases and Stroke Grant NS 37562 (H.E.S.) and the Helen Hayes Hospital Foundation. We thank Regeneron Pharmaceuticals, Inc., for their generous gift of BDNF and antisera to BDNF, and Dr. Susan Croll, Dr. John Rudge, and Dr. Stanley Wiegand for their suggestions throughout this project and their assistance with immunocytochemistry. We thank Annmarie Curcio for secretarial assistance.

References


Alderson RF, Alterman AL, Barde YA, Lindsay RM. Brain-derived neurotrophic factor increases survival and differentiated functions of rat septal cholinergic neurons in culture. Neuron 1990;5:297–306. [PubMed: 2169269]


Chafetz RS, Namh WK, Noebels JL. Aberrant expression of neuropeptide Y in hippocampal mossy fibers in the absence of local cell injury following the onset of spike wave synchronisation. Mol Brain Res 1995;31:111–121. [PubMed: 7476019]


J Neurosci. Author manuscript; available in PMC 2008 August 9.


Parent JM, Yu TW, Leibowitz RT, Geschwind DH, Lowenstein DH. Dentate granule cell neurogenesis is increased by seizures and contributes to aberrant network reorganization in the adult rat hippocampus. J Neurosci 1997;17:3727–3738. [PubMed: 9133393]


Rudge JS, Mather PE, Pasnikowski EM, Ning C, Corcoran T, Achesson A, Anderson K, Lindsay RM, Wiegard SJ. Endogenous BDNF protein is increased in adult rat hippocampus after a kainic acid induced excitotoxic insult but exogenous BDNF is not neuroprotective. Exp Neurol 1998;149:398–410. [PubMed: 9500963]


Tanaka T, Saito H, Matsuki N. Inhibition of GABA_A synapsic responses by brain derived neurotrophic factor (BDNF) in rat hippocampus. J Neurosci 1997;17:2959–2966. [PubMed: 9096132]


Vezzani A, Ravizza T, Moneta D, Conti M, Borroni A, Rizzi M, Samanin R, Maj R. Brain-derived neurotrophic factor immunoreactivity in the limbic system of rats after acute seizures and during spontaneous convulsions: temporal evolution of changes as compared to neuropeptide Y. Neuroscience. 1999 in press


Figure 1.
Mossy fiber sprouting in slices from pilocarpine-treated rats. A, A section of a hippocampal slice from a rat that developed status epilepticus after pilocarpine treatment illustrates mossy fiber sprouting as a band of neuropeptide Y staining in the inner molecular layer (arrowheads). Note that there also is staining of fibers in the outer molecular layer (small arrows). A few neuropeptide Y-immunoreactive neurons are in the hilus. Scale bar (shown in B): 35 μm. The positions of the layers correspond to both A and B and are abbreviated as follows: GCL, granule cell layer; HIL, hilus; IML, inner molecular layer; MML, middle molecular layer; OML, outer molecular layer. B, A section from a hippocampal slice of a rat that did not develop mossy fiber sprouting illustrates the normal pattern of neuropeptide Y-like immunoreactivity in the dentate gyrus. Many hilar neurons are stained (arrowheads). Some staining in the outer molecular layer is also normal. There is some staining of granule cells in this section, because it was incubated in DAB for an extended period of time. This was done to increase the likelihood that sprouted fibers would be detectable, if in fact they were present. However, there was no evidence that there was neuropeptide Y-immunoreactive sprouting in this section or in our other control sections.
Figure 2.
Effects of BDNF on hilar-evoked responses of granule cells in slices with or without mossy fiber sprouting. 

A. In a rat that had mossy fiber sprouting, a hilar stimulus evoked two population spikes in the granule cell layer before BDNF application. The population spike with the shortest latency (arrow) was likely to be antidromic because it immediately followed the stimulus, and the later spike (arrowhead) was likely to be caused by mossy fiber collaterals that activated granule cells, because it was never present in slices without sprouting (see B). The orthodromic population spike increased in amplitude after exposure to BDNF (200 ng/ml, 45 min), and secondary population spikes developed (arrowheads). Stimulus artifacts are marked by dots and are truncated. Calibration: 4 mV, 10 msec. 

B. In a rat that was treated with pilocarpine but did not have mossy fiber sprouting, a stimulus to the hilus evoked an antidromic spike, and this was unchanged after perfusion with BDNF for 1 hr. Note change in time base compared with A. Calibration (shown in A): 4 mV, 5 msec. 

C. In the same slice as A, spontaneous bursts of population spikes occurred after BDNF. Voltage calibration shown in A.
Figure 3.
Spontaneous activity of granule cells after exposure to BDNF. A, Simultaneous intracellular and extracellular recordings, 70 min after BDNF bath application. Intracellular recording from a granule cell (top) illustrates that it discharged spontaneously during the field potential recorded in the inner molecular layer (bottom). B, Laminar profile of spontaneous granule cell bursts, 60 min after the onset of BDNF exposure (200 ng/ml), in a different slice from A. This slice was never stimulated, ruling out the possibility that this activity was stimulus-induced. Recordings were made of consecutive spontaneous bursts, which occurred every 6–10 sec. OML, Outer molecular layer, where the spontaneous activity was the reverse polarity of that in the inner molecular layer; MML, middle molecular layer; IML, inner molecular layer, where the largest field potential was recorded; GCL, granule cell layer, where the largest population spikes were recorded; HILUS, 100 μm from the granule cell layer in the hilus, where the spontaneous activity was smaller than in the granule cell layer. As the recording electrode was moved farther from the granule cell layer, the spontaneous activity decreased in amplitude. There was no spontaneous activity detected in areas CA3 or CA1 or the entorhinal cortex of this slice.
Figure 4.
BDNF increases the extracellularly recorded EPSP in the inner molecular layer of sprouted rats in response to mossy fiber stimulation. Extracellular recordings were made from the inner molecular layer in response to a hilar stimulus in a slice with mossy fiber sprouting. The response was composed of a short-latency fiber volley (arrowhead) and longer-latency field EPSP (arrow). After BDNF (200 ng/ml) was bath-applied, the fiber volley remained unchanged but the field EPSP increased in amplitude. The times shown are the times after the start of BDNF bath application when the responses were evoked.
Figure 5.
Paired-pulse inhibition before and after BDNF. A. A single stimulus to the molecular layer of a slice with mossy fiber sprouting, after BDNF bath application, was recorded in several layers of the dentate gyrus. Each stimulus was identical. The stimulus evoked a response at an early latency that was similar to slices without sprouting. However, at a long latency another event occurred (arrow). Given the long latency, all-or-none nature, and the fact that this potential reversed in the middle molecular layer, it is likely that it represents enhanced activity in the sprouted network after BDNF (compare with Fig. 3B). OML, Outer molecular layer; MML, middle molecular layer; IML, inner molecular layer; GCL, granule cell layer. B. Extracellularly recorded responses to outer molecular layer stimulation were made in the granule cell layer before BDNF application (PRE). The responses to the same stimuli were tested again after BDNF bath application (POST; 200 ng/ml, 45 min). After BDNF, the population spikes were similar, but the stimuli evoked an additional slow potential on which the population spikes were superimposed (arrow). The slow potential could be detected better after responses to single stimuli (see A), because the event began at a relatively long latency. Calibration same as in A.
Figure 6.
Effects of BDNF and bicuculline in slices with mossy fiber sprouting. A spontaneous seizure-like event is illustrated that occurred after bath-application of BDNF (200 ng/ml, 60 min) and bicuculline (10 μM). Bicuculline was present only for the last 10 min of the 60 min period of BDNF perfusion. The seizure-like episode began with periodic brief discharges (1), and a paroxysmal period followed (the start of this period is indicated by 2). The paroxysmal period was followed by a series of afterdischarges (e.g., 3).
Figure 7.
Reversal of epileptiform activity recorded in the presence of BDNF and bicuculline. A seizure-like episode was recorded from the granule cell layer (GCL) in the same slice as Figure 6. Note the different time base from Figure 6. After ∼3 min, another seizure-like episode was recorded from the same slice, but in the outer molecular layer (OML). The reversal of the extracellular recordings indicates that the seizure-like events reversed polarity in a similar area as the brief discharges produced by BDNF in the absence of bicuculline (Fig. 3). These data suggest that the site of origin of the spontaneous activity was in the inner/middle molecular layer, consistent with an underlying mechanism related to sprouted mossy fibers.
Figure 8.
Effects of BDNF in slices with sprouting were not altered by NMDA receptor antagonism.
A. Spontaneous epileptiform activity was recorded in the inner molecular layer in a slice that had mossy fiber sprouting and was exposed to BDNF (200 ng/ml) for 70 min. Note that there was some variability in the number of repetitive events comprising the epileptiform activity. In A1, there are 13 in the example on the left and 12 in the example on the right. They were recorded 9 and 10 min, respectively, before slices were exposed to 50 μM D-APV. The epileptiform activity shown in A2 was recorded 30 min after APV was added to the buffer containing BDNF. Calibration (shown in B): 5 mV, 1 sec. B, The spontaneous activity shown in A1, on the left, is illustrated with a different time base. Calibration: 5 mV, 400 msec.
Figure 9.
Timm stain and BDNF immunocytochemistry in sprouted and unsprouted tissue. A, A section from the dentate gyrus of a rat with mossy fiber sprouting, stained with an antibody to BDNF, shows that BDNF was expressed in hilus and the inner molecular layer sprouted plexus (arrows). The lamina of the dentate gyrus (C) are indicated by abbreviations of the layers and apply to A–C. HIL, Hilus; GCL, granule cell layer; IML, inner molecular layer; MML, middle molecular layer. Scale bar (shown in C for A–C): 100 μm. B, Timm stain of a section from the same rat as used for A illustrates the mossy fiber plexus in the hilus and inner molecular layer (arrows). C, BDNF staining in a rat that was administered pilocarpine but did not have status epilepticus thereafter, and subsequently did not have behavioral seizures, did not express BDNF in the inner molecular layer.